

Prod. No. 1200



NATURE'S BOUNTY®

FERROUS GLUCONATE

28 mg Iron

VEGETARIAN FORMULA

Promotes Energy Utilization*

IRON SUPPLEMENT

100 TABLETS



Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.* Iron is also important for energy utilization.* As an important dietary source of iron, Ferrous Gluconate contains 28 mg of the iron your body needs each day for optimal functioning.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Coated for ease of swallowing

Pregnant or lactating women should consult a doctor before using any product. Do not exceed recommended dosage. **Consult doctor before use** if you have a family history of iron-related disorders (i.e. iron overload or iron-loading anemias) or if you are taking prescription medication. **Discontinue use and consult your doctor** if any adverse reactions occur including constipation. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Iron	28 mg 156%
(from 246 mg of Ferrous Gluconate)	

OTHER INGREDIENTS: Cellulose (Plant Origin), Dicalcium Phosphate, Vegetable Stearic Acid, Cellulose Coating, Croscarmellose, Silica.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. Store in a cool, dry place.

Visit us on the Web www.NaturesBounty.com

Carefully Manufactured by
NATURE'S BOUNTY, INC.

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