

Prod. No.
1452



NATURE'S BOUNTY

Made with **ORGANIC**
FLAXSEED
OIL
1000 mg
Rich in Omega-3
Fatty Acids
DIETARY
SUPPLEMENT
120 SOFTGELS



Our Flaxseed Oil is an edible oil derived from the seeds of the Flax plant (*Linum usitatissimum*) and is one of the best sources of the Omega-3 fatty acid alpha-linolenic acid available. Our Flaxseed Oil also provides the most concentrated vegetarian source of Omega-3 Fatty Acids found in nature.

Our Flaxseed Oil for softgels is dispensed and processed under a nitrogen blanket to safeguard it from oxygen exposure. In addition, the oil is dispensed under special yellow lights to protect against white light. Then our product is encased in an amber-colored gelatin shell to continue to protect the active elements from white light. This ensures that our Flaxseed Oil retains its integrity. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures and are processed without solvents.

DIRECTIONS: For adults, take one (1) softgel twice daily, preferably with a meal.

100% SOLVENT FREE

Pregnant or lactating women should consult a doctor before using any product. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	%Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g	2%*
Polyunsaturated Fat 0.5 g	**
Flaxseed Oil	1,000 mg **
which typically contains:	
Alpha-Linolenic Acid	585 mg **
Linoleic Acid	150 mg **
Oleic Acid	175 mg **
Other Fatty Acids and Phytonutrients	90 mg **

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Visit us on the Web
www.NaturesBounty.com

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