



NATURE'S BOUNTY

MULTI-DAY™ PLUS IRON

COMPARE AND SAVE

USP
MULTIVITAMIN PLUS IRON SUPPLEMENT
DIETARY SUPPLEMENT 100 TABLETS

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta Carotene)	5,000 I.U. 100%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as Cholecalciferol)	400 I.U. 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 I.U. 50%
Thiamin (Vitamin B-1) (as Thiamine Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
Iron (as Ferrous Fumarate)	18 mg 100%

Prod. No. 1580

OTHER INGREDIENTS: Cellulose (Plant Origin), Dicalcium Phosphate, Cellulose Coating, Vegetable Stearic Acid, FD&C Yellow No. 5 Aluminum Lake, Titanium Dioxide Color, Croscarmellose, Vegetable Magnesium Stearate, Silica, FD&C Yellow No. 6 Aluminum Lake, Mannitol.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Coated for ease of swallowing. Pregnant or lactating women should consult a doctor before using any product. Store in a cool, dry place.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken

Visit us on the Web

www.NaturesBounty.com

Carefully Manufactured by

NATURE'S BOUNTY, INC.

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 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET



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