

Prod. No. 1670



NATURE'S BOUNTY®

VITAMIN B-1 100 mg

Promotes Energy
Metabolism and
Nervous System Health*

DIETARY
SUPPLEMENT
100 TABLETS



Vitamin B-1 (Thiamin) plays a role in the nervous system and energy metabolism.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving %Daily Value

| | | |
|----------------------------|--------|--------|
| Thiamin | 100 mg | 6,667% |
| (Vitamin B-1) | | |
| (as Thiamin Hydrochloride) | | |

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Cellulose Coating, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

Carefully Manufactured by
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