

Prod. No.
4082



CHELATED CALCIUM MAGNESIUM

CALCIUM
SUPPLEMENT

100 TABLETS

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Bone health can be dependent on many factors including heredity, diet, exercise and lifestyle. Calcium is the primary mineral responsible for strong bones. The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.* Because the body can't produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining optimal bone health.*

Calcium and Magnesium play essential roles in maintaining proper bone mineralization. Calcium and Magnesium are also involved in muscle contractions and nerve impulses.*

DIRECTIONS: For adults, take one (1) or two (2) tablets daily, preferably with a meal.

DISSOLUTION TESTED: The Calcium in this product dissolves within 60 minutes per official U.S.P. standards.

Pregnant or lactating women should consult a doctor before using any product. **WARNING:** Do not consume product if you have an allergy to shellfish.

GUARANTEED FREE OF: yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium (less than 5 mg per serving).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 50

Amount Per Serving	%Daily Value
Calcium (as Calcium Carbonate, Oyster Shell, and Calcium Gluconate)	1,000 mg 100%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	500 mg 125%

OTHER INGREDIENTS: Cellulose (Plant Origin), Croscarmellose, Titanium Dioxide Color, Cellulose Coating, Vegetable Magnesium Stearate.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

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