

Prod. No.
5535



B5535

02A

NATURE'S BOUNTY

HIGH POTENCY MAGNESIUM 500 mg

DIETARY
SUPPLEMENT

100 TABLETS



Magnesium plays an essential role in maintaining proper bone mineralization. Magnesium is also involved in muscle contractions and nerve impulses.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

GUARANTEED FREE OF: yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Pregnant or lactating women should consult a doctor before using any product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Magnesium 500 mg (as Magnesium Oxide)	125%

OTHER INGREDIENTS: Cellulose (Plant Origin), Starch, Magnesium Silicate, Cellulose Coating, Titanium Dioxide Color, Vegetable Magnesium Stearate.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

Carefully Manufactured by
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