

Prod. No.
6470



NATURE'S BOUNTY®

FACTS

B COMPLEX

with
Folic Acid
plus
Vitamin C

with
BIOTIN



VITAMIN SUPPLEMENT

100 TABLETS



The B Vitamin Complex is made up of several vitamins that work well together to support nervous system health and provide nourishment for the stress of daily living. Our high-potency B Complex is combined with Vitamin C to support heart and antioxidant health, and also features 100% of the daily value for Folic Acid to support healthy homocysteine levels.**

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a dry place and avoid excessive heat.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin C	300 mg	500%
Thiamin	15 mg	1,000%
Riboflavin	10.2 mg	600%
Niacin	50 mg	250%
Vitamin B-6	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12	6 mcg	100%
Biotin	5 mcg	2%
Pantothenic Acid	10 mg	100%

Ingredients: Ascorbic Acid, Dicalcium Phosphate, Cellulose (Plant Origin), Niacinamide, Thiamin Hydrochloride, d-Calcium Pantothenate, Croscarmellose, Riboflavin, Pyridoxine Hydrochloride, Calcium Silicate, Cellulose Coating, Vegetable Magnesium Stearate, Maltodextrin, Silica, Mannitol, Folic Acid, Cyanocobalamin, Biotin.

Visit us on the Web www.NaturesBounty.com

Carefully Manufactured by
NATURE'S BOUNTY, INC.

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