

Prod. No.
10151



B10150 01A



HEART HEALTHY***

FLAX, FISH BORAGE

ESSENTIAL OILS

DIETARY
SUPPLEMENT

60 SOFTGELS

Supplement Facts

Serving Size 1 softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	0.5 g	**
Vitamin E (as d-Alpha Tocopherol)	5 I.U.	17%
Flaxseed Oil	400 mg	**
Borage Seed Oil	400 mg	**
Fish Oil (50% Omega-3)	400 mg	**

OTHER INGREDIENTS: Gelatin, Glycerin.

Proper diet often takes a backseat in today's busy world. People may not always have time to eat a well-balanced meal. The problem is, two essential fatty acids necessary for proper functioning, alpha-linolenic acid (ALA) and linoleic acid (LA), aren't made by the body and can only be obtained through diet. Flaxseed oil is one of the richest dietary plant sources of alpha-linolenic acid (Omega-3) and linoleic acid (Omega-6).*** Essential Oils is a harmonious blend of oils designed to help provide nutrients for the well-being of the body. Borage oil is a rich source of gamma-linolenic acid (GLA) which helps regulate a variety of important functions in the body, and fish oil is a rich source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).*** EPA helps maintain healthy circulation while DHA plays an important role in the brain, eyes and nervous system. ***These three oils provide diverse benefits for your overall health.*** Don't let your diet take a backseat to your busy schedule.

Amount Per Serving		%Daily Value
These three oils typically provide the following Fatty Acid Profile:		
Oleic Acid	152 mg	**
Linoleic Acid	180 mg	**
Gamma Linolenic Acid (GLA)	96 mg	**
Alpha Linolenic Acid	220 mg	**
Eicosapentaenoic Acid (EPA)	120 mg	**
Docosahexaenoic Acid (DHA)	80 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with a meal.

Pregnant or lactating women should consult a doctor before using any product.

NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken.
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

📞 Nutrition Questions or Comments?
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